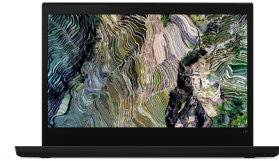# Lenovo ThinkPad L14 Intel® Core™ i5 i5-1145G7 Laptop 35,6 cm (14") Full HD 8 GB DDR4-SDRAM 256 GB SSD Wi-Fi 6 (802.11ax) Windows 10 Pro Black

Brand : Lenovo   **Product family:** ThinkPad   **Article code:** 20X100J3FR

Product name : L14

Lenovo ThinkPad L14. Product type: Laptop, Form factor: Clamshell. Processor family: Intel® Core™ i5, Processor model: i5-1145G7, Processor frequency: 2,6 GHz. Display diagonal: 35,6 cm (14"), HD type: Full HD, Display resolution: 1920 x 1080 pixels. Internal memory: 8 GB, Internal memory type: DDR4-SDRAM. Total storage capacity: 256 GB, Storage media: SSD. On-board graphics card model: Intel Iris Xe Graphics. Operating system installed: Windows 10 Pro. Product color: Black

Design

Product type *	Laptop
Product colour *	Black
Form factor *	Clamshell
Housing material	Acrylonitrile butadiene styrene (ABS), Polycarbonate (PC)

Display

Display diagonal *	35.6 cm (14")
Display resolution *	1920 x 1080 pixels
Touchscreen *	✘
HD type	Full HD
Panel type	IPS
LED backlight	✔
Native aspect ratio	16:9
Anti-glare screen	✔
Display brightness	250 cd/m²
RGB colour space	NTSC
Colour gamut	45%
Contrast ratio (typical)	700:1

Processor

Processor manufacturer *	Intel
Processor family *	Intel® Core™ i5
Processor model *	i5-1145G7
Processor cores	4
Processor boost frequency	4.4 GHz
Processor frequency *	2.6 GHz
Processor cache	8 MB
Processor cache type	Smart Cache
Configurable TDP-up frequency	2.6 GHz
Configurable TDP-up	28 W
Configurable TDP-down	12 W
Configurable TDP-down frequency	1.1 GHz

Ports & interfaces

USB 3.2 Gen 1 (3.1 Gen 1) Type-A ports quantity *	2
USB 3.2 Gen 1 (3.1 Gen 1) Type-C ports quantity *	1
HDMI ports quantity *	1
HDMI version	2.0
Thunderbolt 4 ports quantity	1
Intel® Thunderbolt 4	✔
Combo headphone/mic port	✔
USB Type-C DisplayPort Alternate Mode	✔
USB Sleep-and-Charge	✔
USB Sleep-and-Charge ports	1

Performance

Motherboard chipset	Intel SoC
Repairability index	7.5

Keyboard

Pointing device	ThinkPad UltraNav
Keyboard layout	AZERTY
Keyboard language	French
Numeric keypad *	✘
Keyboard backlit	✔
Spill-resistant keyboard	✔

Software

Operating system architecture	64-bit
Operating system language	French
Operating system installed *	Windows 10 Pro

Processor special features

Intel Trusted Execution Technology	✔
Intel VT-x with Extended Page Tables (EPT)	✔

Memory

Internal memory *	8 GB
Internal memory type	DDR4-SDRAM
Memory clock speed	3200 MHz
Memory form factor	SO-DIMM
Memory slots	2x SO-DIMM
Maximum internal memory *	64 GB

Storage

Total storage capacity *	256 GB
Storage media *	SSD
Total SSDs capacity	256 GB
Number of SSDs installed	1
SSD capacity	256 GB
SSD interface	NVMe, PCI Express
NVMe	✔
SSD form factor	M.2
Optical drive type *	✘
Card reader integrated	✔
Compatible memory cards	MicroSD (TransFlash)

Graphics

Discrete graphics card model *	Not available
On-board graphics card *	✔
On-board GPU manufacturer	Intel
Discrete graphics card *	✘
On-board graphics card model *	Intel Iris Xe Graphics

Audio

Audio chip	Realtek ALC3287
Audio system	Dolby Audio Premium
Number of built-in speakers	2
Speaker power	2 W
Built-in microphone	✔
Number of microphones	2

Camera

Front camera	✔
Front camera resolution	1280 x 720 pixels
Front camera HD type	HD
Privacy camera	✔
Privacy type	Privacy shutter

Network

Top Wi-Fi standard *	Wi-Fi 6 (802.11ax)
Wi-Fi standards	Wi-Fi 6 (802.11ax)
Mobile network connection *	✘
Antenna type	2x2
Ethernet LAN	✘
Bluetooth	✔
Bluetooth version	5.2

Processor special features

Intel Stable Image Platform Program (SIPP)	✔
Intel Software Guard Extensions (Intel SGX)	✘
Idle States	✔
CPU configuration (max)	1
Intel Virtualization Technology for Directed I/O (VT-d)	✔
Intel Virtualization Technology (VT-x)	✔

Battery

Battery technology	Lithium Polymer (LiPo)
Battery capacity *	45 Wh
Battery life (max)	9.1 h

Power

AC adapter power	65 W
USB Power Delivery (USB PD) *	✔

Security

Cable lock slot	✔
Cable lock slot type	Kensington
Fingerprint reader	✔
Smart card reader	✔
Trusted Platform Module (TPM)	✔
Trusted Platform Module (TPM) version	2.0
Password protection	✔
Password protection type	HDD, Power on, Supervisor

Operational conditions

Operating temperature (T-T)	5 - 35 °C
Storage temperature (T-T)	5 - 43 °C
Operating relative humidity (H-H)	8 - 95%
Storage relative humidity (H-H)	5 - 95%
Maximum shipping altitude	3048 m

Certificates

Compliance certificates	RoHS
Certification	MIL-STD-810H

Sustainability

Sustainability certificates	ENERGY STAR, EPEAT Gold, TCO

Weight & dimensions

Width	331 mm
Depth	235 mm
Height	20.4 mm
Weight *	1.59 kg

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