

PERFORMANCE

Processor

Intel® Core™ i7-1355U, 10C (2P + 8E) / 12T, P-core 1.7 / 5.0GHz, E-core 1.2 / 3.7GHz, 12MB

Graphics^[1]

Integrated Intel® Iris® Xe Graphics Functions as UHD Graphics

Chipset

Intel® SoC Platform

Memory

16GB Soldered DDR5-5200

Memory Slots

Models with DDR5 memory: one memory soldered to systemboard, one DDR5 SO-DIMM slot, dual-channel capable

Max Memory^[2]

Models with DDR5 memory: up to 32GB (16GB soldered + 16GB SO-DIMM) DDR5-5200

Storage

512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Support^[3]

One drive, up to 2TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Card Reader

None

Optical

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Dolby Audio™

Camera

HD 720p with Privacy Shutter

Microphone

2x, 360°

Battery

Integrated 52.5Wh

Power Adapter

65W USB-C® (3-pin)

DESIGN

Display^[4]

14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC

Touchscreen

None

Keyboard

Backlit, French

Case Color

Thunder Black

Case Material

Carbon Fiber Hybrid (Top), PPS (Bottom)

Dimensions (WxDxH)^[5]

317.7 x 226.9 x 17.9 mm (12.51 x 8.93 x 0.70 inches)

Weight^[6]

Starting at 1.37 kg (3.01 lbs)

SOFTWARE

Operating System

Windows® 11 Pro, French

Bundled Software

None

CONNECTIVITY

Ethernet

100/1000M (RJ-45)

WLAN + Bluetooth®

Intel® Wi-Fi® 6E AX211, 802.11ax 2x2 + BT5.3

WWAN

WWAN Upgradable to 4G

SIM Card

None

NFC

None

Standard Ports

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 2x Thunderbolt™ 4 / USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4)
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)

- 1x Smart Card Reader
- 1x Nano-SIM Card Slot

Docking

Various docking solutions supported via Thunderbolt™ / USB-C®.

For more compatible docking solutions, please visit [Docking for ThinkPad® T14 Gen 4 \(Intel®\)](#)

SECURITY & PRIVACY

Smart Card Reader

Smart Card Reader

Security Chip

Discrete TPM 2.0 Enabled

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security

- Camera privacy shutter (camera models)
- Glance by Mirametrix®

MANAGEABILITY

System Management

Non-vPro®

SERVICE

Base Warranty

3-year, Courier or Carry-in

Included Upgrade

1Y Premier WHB (CPN)

ACCESSORIES

Bundled Accessories^[7]

None

CERTIFICATIONS

Green Certifications^[8]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 9.0

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2024-09-10
EAN / UPC / JAN	: 0198155388989	End of Support	: 2029-11-25

Note:

^[1] Intel Iris Xe Graphics capability requires system to be configured with dual-channel memory. On the system with single-channel memory, Intel Iris Xe Graphics will function as Intel UHD Graphics.

^[2] The max memory is based on the test results with current Lenovo memory offerings.

^[3] The storage capacity supported is based on the test results with current Lenovo storage offerings.

^[4] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

^[5] The system dimensions may vary depending on configurations.

^[6] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

^[7] For more compatible accessory solutions, please visit [Accessories for ThinkPad T14 Gen 4 \(Intel\)](#).

^[8] EPEAT is registered where applicable, please visit

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to

<https://psref.lenovo.com/Detail/2289?M=21HD00EFFF>

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	3Y Premier Support Plus upgrade from 1Y Premier Support (5WS1L39505)
BETTER	3Y Lenovo Support (Premier Support + KYD + 3Y SBTY + International Upg) (5PS1J31171)
GOOD	3Y Premier Support upgrade from 1Y Premier Support (5WS1B38518)

For a full list of accessories and services, please visit:
<https://smartfind.Lenovo.com>



PSREF
Product Specifications
Reference